# LOYALTON HIGH SCHOOL

P.O. Box 37 Loyalton, CA 96118 (530) 993-4454 Marla Bahiru, Principal

## INTERSCHOLASTIC SPORTS AGREEMENT

Participation in interscholastic sports at Loyalton High School requires of athletes and parents a serious commitment of time, energy, and team cooperation. Athletes are expected to maintain good grades, to conduct themselves at school, games, and practices in a cooperative and respectful manner and to refrain from debilitating vices like tobacco, alcohol, marijuana, and other illegal drugs. Unfortunately, a limited school budget dictates that athletes and parents shoulder part of the expense of sport participation as well. Listed below are specific expectations for Loyalton High athletes. It is our hope that parents will read and accept these expectations and help their sons and daughters to meet them.

#### Academics

Athletes are required to maintain a 2.0 grade point average with no F's in any classes. Participation in sports requires a great deal of time, and athletes must set priorities to ensure that academics get adequate attention. Coaches and teachers are available to help athletes with academic difficulties, but athletes must seek help early to avoid ineligibility.

### Commitment

Game schedules are set by league committee. Practice schedules are set by the coaches with Athletic Director approval to accommodate coaches and the majority of players. Athletes will be expected to adjust their personal schedules in order to attend all games and practices. Coaches need to be notified well in advance of absences that cannot be avoided. Missed practices and games hurt the team effort and could result in benching, suspension from games, or removal from the team

Athletes will be expected to work toward individual and team excellence with persistent physical effort, good sportsmanship, and a cooperative attitude.

#### **Behavior**

Loyalton High athletes represent our school and are in positions of leadership. They are expected to follow all school, district, league, and CIF rules; to have excellent attendance; and to maintain good grades.

Athletes whose school behavior results in referrals to the office will be warned on the first referral, suspended from a game at the second referral, and dropped from the team for the remainder of the season if a third referral is made. Truancies will be treated as referrals.

Athletes possessing or using alcohol, marijuana, or other illegal drugs, no matter how substances are obtained or who furnishes the illegal substances, will be dropped from the team for the remainder of the season. Athletes possessing or using tobacco products will be suspended from one game on the first offense and dropped from the team for the remainder of the season on the second offense. Student guilt will be determined by the principal based on physical evidence or behavior observed by coaches, school staff, or law enforcement officers.

Loyalton High athletes who are under the supervision of adults from other schools must comply not only with Loyalton High School Student Handbook rules and regulations but also host family and host school requirements, rules, and regulations. Athletes must stay with adult leaders unless permission is granted to leave the school or host home. Any athlete leaving the supervising school or host home without permission will be dropped from the team.

Athletes who are truant or have unexcused absences will not be allowed to practice or to play in games the day of the absence. All exceptions must be cleared in advance of the absence with the principal.

Coaches may limit playing time or recommend to the principal that a player be dropped from the team for repeated displays of poor sportsmanship, vulgarity, or lack of cooperation.

Athletes will be expected to dress for athletic trips and events according to or above school dress regulations as directed by the coaches.

### **Uniforms and Equipment**

All athletes with the exception of cheerleaders will be provided with the basic equipment and uniforms to participate in their chosen sport. They are responsible for maintaining uniforms and equipment and returning them in good condition to coaches at the end of the season. Athletes will need to provide undergarments and footwear. Athletes may also be asked to buy some optional apparel such as kneepads for volleyball and baseball caps. Soccer players will need to purchase shin guards. Students will own and keep such items. No such items are sold on credit.

## **Transportation**

Participation in interscholastic sports at Loyalton High School requires a great deal of travel to away games. Transportation will be by bus for some contests. The Loyalton Booster Club funds the majority of the bus travel, but athletes may be asked to donate to assist in covering the costs. Parents or guardians of athletes will need to find their own transportation to events when bussing is not provided. (See SPJUSD Operations Policies 807.1 and 807.2). Students are not allowed to drive themselves or others to athletic competitive events. Parents driving children other than their own need to submit DMV and insurance forms to the district office.

## **Fitness to Participate in Athletics**

All high school sports present athletes with a very real risk of injury. Parents are responsible for all medical costs that may occur from injury. The athletic department will present a video detailing this risk for parents before each sport and will require parent consent before students may participate. Students will be required to show that they have health insurance to address the potentially expensive cost of a sport injury. An inexpensive policy that covers only sports injuries is available through the school office.

Athletes are required to present to the coach or the school office an official physical form with a doctor's statement as to the fitness of the athlete to participate in school sports before they begin practices. Athletes kept from practice or games due to serious illness or injury will be expected to present to the coach a doctor's note clearing them to play before they resume full participation.

CIF requires that all high school athletes be under age 19 as of August 31, be undergraduates in high school having completed no more than 8 semesters, and be amateur. They further require that athletes have not competed on an outside team in the same sport during the school season of that sport and have not been expelled from any high school during the past year.

Loyalton High School requires all participating athletes to have cleared all fines, detentions, and unpaid school bills before starting practices.

Loyalton High School believes that student participation in school sports should be a positive and enriching experience. A great deal of effort and considerable resources have been committed to provide facilities, uniforms, equipment, organization, and leadership for our sport program. We urge parents to be involved and hope all of our athletes will have safe, exciting, and fulfilling seasons this year. Please direct questions or concerns to our coaches, our Athletic Director or our Principal.

I have read the list of expecta	ations for athletes	participating in Interscholastic	Sports at Loyalton
High School and give for the 2008-2009 season.	son/daughter	permission to play	name of sport
Player Signature		Parent/Guardian Signature	
		Date	