Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

1. Fever (100F or greater) ☐ Yes ☐ No
2. Sore Throat? ☐ Yes ☐ No
3. Cough? ☐ Yes ☐ No
4. Nasal congestion? ☐ Yes ☐ No
5. Runny Nose? ☐ Yes ☐ No
6. Extreme tiredness? ☐ Yes ☐ No
7. Body aches? ☐ Yes ☐ No
8. Muscle aches? ☐ Yes ☐ No
9. Vomiting? ☐ Yes ☐ No
10. Diarrhea? ☐ Yes ☐ No

SHOULD I KEEP MY CHILD HOME?

- If you checked "yes" to fever AND one of the other symptoms, keep your child home. No one should return to school until they have had no fever for 24 hours without use of fever-reducing medicine, even if they feel better. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "yes" for fever AND one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.