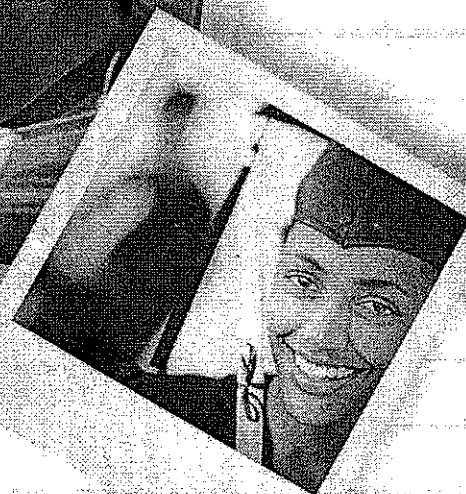
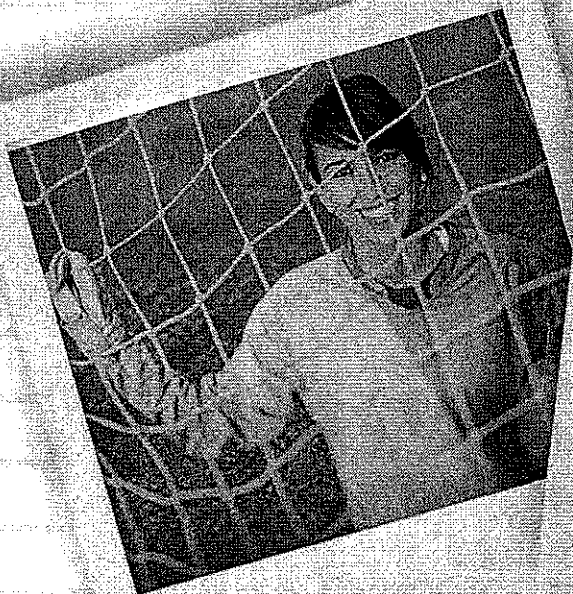


NEW RULE SHOTS BEFORE SCHOOL



**7TH-12TH graders are now required
to get a whooping cough shot before
starting the 2011-2012 school year**

Call your doctor today

ShotsForSchool.org



Children should visit their doctor or health care provider to get their shots. The Sierra County Public Health Department offers low cost vaccinations. The health department can be reached at (530) 993-6700 for an appointment.

7TH – 12TH GRADE IMMUNIZATION CHART

What Shots Does My Child Need?

As parents, we can't be near our children every minute. Immunizing our children is one thing we can do to protect their health for years to come.

REQUIRED vaccine for 7th – 12th graders 2011-2012 school year	What this means for YOUR child
Tdap (tetanus, diphtheria, pertussis)	<p>Tdap safely protects against 3 dangerous diseases: tetanus, diphtheria, and whooping cough (also called pertussis). Whooping cough has been increasing in the U.S. It continues to be widespread in California.</p> <p>For the 2011–12 school year only, children entering 7th–12th grade will need proof of a Tdap shot before starting school. For 2012-13 and beyond, only students entering 7th grade will need proof of a Tdap shot.</p>
RECOMMENDED vaccines for 7th – 12th graders	What this means for YOUR child
Meningococcal	<p>Meningococcal meningitis is easily spread by kissing, sharing drinks, coughing, or sneezing. This disease could cause your otherwise healthy child to lose an arm or leg, become paralyzed, or die. The shot can protect them from several types of this deadly infection.</p>
Chickenpox (Varicella)	<p>Chickenpox is usually worse for adolescents and adults than for kids. A total of two doses of chickenpox vaccine are needed if your child has never had chickenpox disease.</p>
Human Papillomavirus (HPV)	<p>This 3-shot vaccine series is recommended for girls to help protect them from cancer of the cervix (a part of their reproductive system) later in life. Boys ages 9 to 26 years may also receive the vaccine.</p>
Seasonal Flu	<p>The flu is a serious illness. Even young and healthy children need protection against the flu! This year's flu vaccine protects against 3 flu viruses, including the H1N1 flu virus.</p>

Children should visit their doctor or health care provider to get their shots. Children 18 years old and younger who are uninsured or underinsured may qualify for the Vaccines for Children Program to get free or low cost immunization services. To find a provider near you, call **1-877-243-8832** or visit: www.eziz.org/pages/vfc_locations2.html. Some local pharmacies and Health Departments may also offer vaccines.