



Hello Parents and Students of Sierra County! Welcome to School Year 2020/2021!

My name is Cara Bowling and I am the Student Parent Navigator for Sierra County. In my position, I will be collaborating with the Sierra-Plumas Joint Unified School District and the Student Attendance Review Board (SARB) as an outreach vehicle in creating relationships with you and your children in order to identify any individual needs you might have throughout the school year. I will then assist in linking you to appropriate services and support systems as referred or recommended.

If you are experiencing challenges with school attendance and/or behavioral issues with your child/ children, I will assist in providing navigation to any necessary and identified services. I will be providing my knowledge of early intervention and prevention strategies in order to help alleviate the stress that comes with the process of meeting your child's educational goals. Please know, I am an advocate and liaison for you and your child/children. It is my goal to make sure you have access to the appropriate tools and resources in order for your child/children to succeed.

I am excited at the opportunity to help you navigate through the education process and look forward to working with you to meet your family's needs. I realize things look a lot different this school year due to COVID-19; however, I hope to continue to be a beneficial resource for families in need. My contact information is provided below. Please feel free to reach out with any questions or concerns you have. I am wishing you all a happy, healthy and successful 2020/2021 school year.

Warm Regards,

Cara Bowling
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"Improving lives by inspiring and empowering success in our communities."