



# Sierra County Health and Human Services

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## Social Services

P.O. Box 1019  
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202 Front Street  
(530) 993-6720  
Fax (530) 993-6767  
Vickie Clark- Director

## Public Health

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202 Front Street  
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Fax (530) 993-6790  
Vickie Clark- Director

## Behavioral Health

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Fax (530) 993-6759  
Lea Salas- Director  
Kathryn Hill- Clinical Director

## Human Services

**Satellite Office**  
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**November 16, 2021**

## **Youth Athletics COVID-19 Mitigation and Face Covering Requirements**

CDPH has permitted local health jurisdictions, as a well recognized health authority, to implement local exemptions to the requirement for masks during play for some indoor sports. For high intensity **indoor** youth athletic programs in Sierra County (basketball and volleyball), athletes, coaches and referees must do one of the following:

- a. Wear a mask at all times, including during practice, scrimmages, and game play (no testing requirements), **or**
- b. Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated.

Masks must continue to be worn by all participants when not actively engaged in practice, scrimmages, or game play.

All athletes, coaches, referees and volunteers are strongly encouraged to get fully vaccinated against COVID-19.

All indoor sport spectators are required to wear masks at all times.

This local exception, which is effective immediately, is limited to the specific aforementioned activities. It will be re-evaluated on an ongoing basis and is subject to change or removal.

For all other indoor school activities please reference [K-12 Guidance 2021-22 School Year \(ca.gov\)](https://www.ca.gov/k-12-guidance-2021-22-school-year).